

BREAKFAST

Served 8:00 am until 3:30 pm

Four Flowers Juice...7

a special blend of orange, pineapple, pomegranate and banana

Orange Juice ...6.5

Grapefruit Juice ...6.5

CEREALS

SARABETH'S HOT PORRIDGE 'THREE BEARS' STYLE

(Porridge served until Noon)

Baby Bear

hot porridge with milk and honey... 7.5

Mama Bear

hot porridge with fresh cream, raisins and honey ... 8

Papa Bear

hot porridge with bananas, fresh cream, raisins and honey ... 8.5

Big Bad Wolf

hot porridge with wheat berries, fresh cream, butter and brown sugar ... 8.5

Morning Crunch

fresh roasted granola topped with bananas and raisins, served with honey, choice of milk or yogurt ... 8.5

Morning Fruit Bowl

grapefruit and orange sections, sliced banana and strawberries ... 9

EXTRAORDINARY EGGS AND OMELETTES

All eggs served with choice of muffin (English, corn, bran, banana or pumpkin),
currant scone, 7-grain toast, sourdough toast or croissant
*all served with Sarabeth's preserves

Cheese Omelette

Gruyere or white cheddar ... 13

Spinach and Goat Cheese Omelette... 14

Garden Omelette

broccoli, corn and carrots with cheddar ... 13

Classic Eggs Benedict

with authentic Canadian smoked ham and Hollandaise sauce ... 17

Smoked Salmon Eggs Benedict

with Irish smoked salmon and Hollandaise sauce ... 17

Vegetable and Gruyere Frittata

asparagus, red and yellow peppers, chives and gruyere ... 13.75

Farmer's Omelette

leeks, ham and chunks of potato with Gruyere ... 14.5

The Red Omelette

a chunky filling of tomato, red pepper, cheddar and a dollop of sour cream with chives ... 14

Goldie Lox

scrambled eggs with smoked salmon and cream cheese ... 15

Green and White

scrambled eggs with scallions and cream cheese ... 13

Popeye Eggs

scrambled eggs on an English muffin with Black Forest ham and sautéed spinach ... 14.75

Jalapeño Cheddar Omelette

tomatoes, onions, sour cream

* not served with an additional muffin*

(Omelettes may be ordered egg white only ... 2.5 additional)

Sarabeth's serves all natural eggs from Paul Sauder's Pennsylvania Farm

SWEET BREAKFASTS (15)

Served with Doerfler Farms Maple Syrup

Fat and Fluffy French Toast with Maple Syrup

Lemon and Ricotta Pancakes with Fresh Berries

Pumpkin Waffle Topped with Sour Cream, Raisins, Pumpkin Seeds and Honey

Buttermilk Pancakes with Fresh Strawberries

Cheese Blintzes with Sour Cream and Apple Butter

SIDE DISHES

Three-Pepper Home Fried Potatoes... 6.5 Apple wood Smoked Bacon... 7.5

Chicken & Apple Breakfast Sausage... 7.5 Pork & Apricot Sausage... 7.5

Basket of Assorted Muffins and Jams ... 12.75

LUNCH

Served from 11:30 am until 3:30 pm

Please ask your server for today's selection of wines by the glass

Appetizers

Sara's Famous Velvety Cream of Tomato Soup ... 9.5

Today's Market Soup ... 9.5

Caesar Salad

garlic croutons, shaved Parmesan Reggiano ... 9.5

Baby Lettuces

orange vinaigrette, gorgonzola croutons ... 9

Guacamole

homemade chips ... 14

Pear and Cranberry Salad

mesclun greens, marinated onions, blue cheese ... 10.5

Ruby and Gold Tomato Salad

arugula, apple, candied walnuts, cider vinaigrette ... 10.5

Main

Chopped Market Vegetable Salad ... 17.25

*chopped seasonal vegetables, baby romaine and crumbled Maytag Blue cheese, sherry-shallot vinaigrette
grilled chicken, add ... 5*

Roasted Chicken Salad ... 19

green beans, chives, radicchio, market vegetables, walnut dressing

Lobster and Crab Quesadilla ... 18

monterey jack, guacamole, salsa fresca

Flat Iron Steak Frites... 24

french fries, béarnaise sauce

Free Range Chicken Pot Pie ... 19

pearl onions, baby carrots, potatoes, peas

Macaroni and Cheese

bacon, caramelized onions, broccoli ... 17

Pan Roasted Atlantic Salmon ... 24

jasmine rice, asparagus, leeks, sweet corn sauce

Central Park South Cobb Salad ... 27

*lobster, fresh crabmeat, gulf shrimp, avocado, egg,
crispy bacon, tomatoes, onions, romaine, Maytag blue cheese*

Grilled Chicken Caesar Salad ... 19

romaine, aged Parmesan, garlic croutons

Grilled Ahi Tuna Nicoise ... 22

*olive oil poached tuna, mixed baby greens, potatoes,
french beans, herbs, olives, roasted shallot vinaigrette*

Maine Lobster Roll ... 25

coleslaw, homemade chips

One Great Burger ... 15.5

freshly ground turkey or sirloin with grilled spring onion, lettuce, guacamole, french fries

Jumbo Lump Crab Cake Sandwich ... 20

Sarabeth's English muffin, hand cut fries, tartar sauce, salad of frisée, watercress & apples

Lemon Zested Tuna Salad Sandwich ... 17

over grilled sourdough, fresh tomatoes marinated in virgin olive oil, balsamic vinegar, oregano

New Classic Club Sandwich ... 17

roasted turkey breast, fresh mozzarella, Virginia ham, lettuce, tomato, ranch dressing, seven-grain bread

Grilled Smoked Mozzarella Sandwich ... 15.5

avocado, fresh tomatoes, seven-grain bread

Sides

crispy fries ... 6.5

grilled asparagus Hollandaise ... 7.5

*An 18% service charge will be added for parties of 5 or more

**FOR CORPORATE EVENTS OR PRIVATE PARTIES
PLEASE CALL OUR EVENTS LINE, 646 670 6933**